



During the week of **September 19 – 23, 2022**, hundreds of schools and youth organizations across the United States will participate in *Start with Hello Week* to teach students important skills on how to reach out and include those who may be dealing with chronic social isolation and create a culture of inclusion and connectedness.

Start with Hello Week is an initiative created by Sandy Hook Promise that aims to raise awareness and educate students on how to reduce social isolation and create a more united school and community overall. Help promote *Start with Hello Week* at **Hibiscus Elementary School** by following the daily activities provided below to encourage a more united school and community!

Date	Activity	Instructions
Monday, 9/19/22	Hi! – Hello! – Hey! Day	Say hello to each other and do not leave anyone out.
Tuesday, 9/20/22	Positivity Tuesday	Say something positive to everyone you speak.
Wednesday, 9/21/22	Make Hibiscus Green	Wear green to show our commitment to create an inclusive community.
Thursday, 9/22/22	Hibiscus Mingles	Go outside of your circle, start with hello and meet someone new.
Friday, 9/23/22	Forget me Not Friday	Review all previous activities and make a pledge to always say hello and be kind to one another.

Your cooperation is greatly appreciated! Navigating Excellence in an Ocean of Possibilities!
Any further questions or concerns please see Ms. Vasquez, School Counselor!